



Grab n Go Menu

Breakfast 7am – 11am

Overnight Oats	8
Dragon Fruit Parfait	8
Whole Fruits (Banana, Orange, Apple)	4
Mixed Fruit	7
Half Papaya	6
Homemade Granola Bar	5
Assorted Cereal Bowl	4
Assorted Gluten Free Muffins	3

11am – 7pm

Spinach Salad	7
Mixed Green Salad	7
Turkey Sandwich	9
Ham Sandwich	9
Chips	2
Whole Fruits (Banana, Orange, Apple)	4
Half Papaya	6
Homemade Granola Bar	5
Assorted Gluten Free Muffins	3